

U.S. NAVAL SEA CADET CORPS
SEABAG LIST - Sub Seminar 2008 - Cadet Sea Bag List
NSB Bangor, WASHINGTON

2 Padlocks with 2 keys each – or combination locks

Seabag

White Covers (males 1 White Hat, females 1 combination cover with NSCC cap device)

Dress White Jumper with black neckerchief

Dress White Trouser (females – NO skirts)

White Web Belt with silver tip

Pair Black Dress Shoes

3 Chambray Shirts with both “USNSCC” and “Last Name” nametapes sewn on

3 Utility Pants with “Last Name” nametape sewn on

Rain coat (Black Navy issue if available)

6 Crew-neck White T-Shirts

6 Pair White Underwear - Briefs only. (No boxers or thongs)

4 Pair Black Socks

4 Pair White Socks

Black Web Belt with silver tip

Silver Belt Buckle (ok to bring an extra buckle)

Pair Athletic Shorts for PT (Navy Blue or Black)

Utility Jacket (w/NSCC shoulder flashes) If available from your unit

Swim Suit (females one piece only, males no Speedo type trunks)

Pair Work Boots (Boondockers (low top) or combat (high top), well worn in by the cadet used boots from someone else is not recommended these need to be broken in by the cadet wearing them or they will have foot problems)

Pair Sneakers for PT

Pair Shower Shoes (thongs or flip flops)

3 Bath Towels - White preferred

2 Wash Cloths - White preferred

1 Sweatshirt –OPTIONAL - NOT REQUIRED (Navy Blue, or black)

1 PT Shirt Navy blue or black

1 NSCC Regulation Ball Cap

Sunscreen (SPF 30 or higher)

Chap stick

Shoeshine Kit (black paste only, no liquid polish)

1 Hygiene kit to include **no less** than 3 disposable razors or razor heads, 1 bar soap in plastic holder with lid, deodorant, shampoo, foot powder, toothbrush, toothpaste and feminine hygiene products as necessary.

Females: pins, rubber bands to secure long hair, in accordance with uniform regulations.

Males

Shaving Gear (no electric razors)

1 Athletic Supporter

Females

Sports Bra (at least 1) Regular Bra (at least 2)

Razors (shaving gel ok but be reminded your shower time may be limited)

Sanitary supplies

THE FOLLOWING ITEMS WILL BE CONFISCATED:

Food (candy, gum, snacks, etc.)

Tobacco (including lighters and matches)

Glass Items (bottles, mirrors, etc.)

Weapons or Fireworks (including Leatherman type tools)

female. Leave your rings at home. Cadets may wear a dog-tag style chain. This chain may contain a single “plain” religious medallion in addition to the dog-tag padlock keys. Watches are encouraged to bring!

paggers, etc.)

Drugs and Drug Paraphernalia (legal or illegal, over-the-counter or prescription)

Alcohol (includes mouthwash)

Reading Material (except Navy Bluejacket Manual, BMR, small Bible or Prayer Book)

Beauty Products (Makeup, hairspray/gel/mousse, lipstick)

[HAVE YOUR NAMETAPES SEWN ON. If your unit does not supply nametapes they can be ordered from Spur Nametapes \(800\) 626-3827 and are very reasonably priced. You can also order online from http://www.1800nametape.com/](http://www.1800nametape.com/)

Sea Cadet Shoulder Flashes are required on all shirts and jumpers, no exceptions

ALL CADETS MUST BRING

USNSCC ID CARD

TRAINING ORDERS

SERVICE RECORD

1" THREE RING BINDER

PENCIL/PEN

CIVILIAN CLOTHES FOR TRAVEL ON AIRPLANES

A POSITIVE ATTITUDE!!

ALL SEA BAG ITEMS MUST BE STENCILED WITH CADET’S NAME.

LL UNIFORM ITEMS MUST BE IN COMPLIANCE WITH USNSCC UNIFORM REGULATION

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