

POLA 2009 Officer Seabag List

Summer White Uniform with Ribbons and white belt with silver tip and silver belt buckle

Black dress shoes

White hat (males)

Combination cover white top/khaki top (females)

2 Khaki Shirts

2 pair Khaki Pants

1 garrison cover (khaki)

Seabag

Alarm clock

Small flashlight

High top combat boots black

Sunscreen (spf 30 minimum)

2 combination locks

Sewing kit

Athletic running shoes

Athletic supporter (males)

Sports bras/regular bras (females)

Black socks

Shoe shine kit (no liquid polish)

White socks (athletic)

Chap stick

3 White crew neck t-shirts

3 pair briefs (no thongs)

Religious material (optional)

1 Swim suit (females one piece males no Speedo)

1 pair shorts (black or blue for pt)

1 Mesh laundry bag

1 pair sweats (black or blue)

Shower shoes

2 Towels

2 Washcloths

Bathrobe/shower wrap (optional)

Wrist watch

Canteen with belt military issue

Cloths iron

Hygiene kit: soap, deodorant, shampoo, conditioner, foot powder, toothbrush, toothpaste, female hygiene products as necessary, hair pins and rubber bands

Civilian cloths

Portable music device (Optional)

Laundry soap

Contraband:

Cosmetics

Electrical appliances
Perfumes
Medications shelf items or prescribed
Energy drinks or boosters of any kind
Weapons including leatherman type tools
Pornographic materials
Liquid shoe polish
Glass containers
Jewelry (except one optional religious medallion)
Money paper or coin over \$50 no personal checks

Note: seabag inspection will be performed upon arrival at Pola Ft Lewis WA

All personal belongings must be stenciled with cadets first initial and last name