



SEA BAG LIST

NOTE TO PARENTS: Your Cadet is responsible for preparing and packing his/her own Sea Bag. Please inspect their Sea Bag contents for the following items a week prior to training and then lock it up.

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|--------|---------------------------------|------|-----------------------------------|
| 1 | Dress White Uniform | 1 | Dixie Cup Cover - White (male) |
| 1 | Summer White Uniform | 1 | Combo Cover - White (female) |
| 1 | Black Neckerchief | 1 | Web Belt - Black (silver tip) |
| 2 | Navy Blue Coveralls | 1 | Web Belt - White (silver tip) |
| 1 | Utility Jacket | 1 | Belt Buckle (silver) |
| 1 PR | Steel Toed Boots - Black | 2 PR | Utility Uniform (shirt/trouser) |
| 1 PR | Dress Shoes - Black | 6 PR | Boot Socks |
| 1 PR | Athletic Running Shoes | 6 PR | Dress Socks - Black |
| 1 - 2 | PT Shorts and Shirts | 6 PR | Athletic Socks - White |
| 6 | Crew Neck Undershirt - White | 6 | Underwear |
| 1 | Soap | 1 | Swimsuit (one piece only, female) |
| 1 | Hygiene Supplies (as necessary) | 2 | Padlocks (2 keys each) |
| 2 | Bath Towels - White | 1 | Sunscreen (SPF 15 or higher) |
| 1 PR | Shower Shoes | 1 | Sewing Kit |
| 1 | Shoe Shine Kit | 1 | Lip Balm or Chapstick |
| 1 | Camel Back or Equivalent | 1 | Mesh Laundry Bag |
| 2 | Sets of Civilian Cloths | 1 | Sea Bag or Equivalent |
| Female | Pins, Rubberbands for Hair | 1 | Alarm Clock - Portable |

NOTE: ALL SEA BAG ITEMS MUST BE STENCILED WITH CADET'S NAME.

The following items are **EXPRESSLY PROHIBITED!**

Controlled Substances	Matches/Lighters	Liquid Shoe Polish	Jewelry
Pornographic Materials	Tabacco Products	Electrical Appliances	Weapons
Alcoholic Beverages	Glass Containers		

A Sea Bag inspection will be performed upon arriving at training.

CWO2 Charles Grosvenor, NSCC
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