



SEABAG LIST POLA 2010 JIM CREEK, WA



NOTE TO PARENTS: Your Cadet is responsible for preparing and packing his/her own Sea Bag. Please inspect their Sea Bag contents for the following items a week prior to training and then lock it up. **IF YOUR CADET NEEDS FLASHES, LET ME KNOW!**

- 1 Dress White Uniform w/ neckerchief
 - 1 Summer White Uniform
 - 1 Dixie Cup Cover - White (male)
 - 1 Combo Cover - White (female)
 - 1 Web Belt - Black (silver tip)
 - 1 Web Belt - White (silver tip)
 - 1 Utility Jacket
 - 1 Belt Buckle (silver)
 - 1 PR Steel Toed Boots - Black
 - 3 PR Utility Uniform (shirt/trouser)
 - 1 PR Dress Shoes – Black
 - 6 PR Boot Socks
 - 6 PR Athletic Socks - White
 - 1 PR Athletic Running Shoes
 - 1 - 2 PT Shorts and Shirts
 - 6 Crew Neck Undershirt – White
 - 6 Underwear
 - 1 Swimsuit (one piece only, female)
 - 1 Hygiene kit (Toothpaste, toothbrush, deodorant, etc...)
 - 2 Padlocks (2 keys each)
 - 2 Bath Towels - White
 - 1 Sunscreen (SPF 15 or higher)
 - 1 PR Shower Shoes
 - 1 Sewing Kit
 - 1 Shoe Shine Kit
 - 1 Lip Balm or Chapstick
 - 1 Mesh Laundry Bag
 - 2 Sets of Civilian Clothes
 - 1 Sea Bag or Equivalent
 - Camelback or equivalent
- SLEEPING BAG & PILLOW**
- Female Pins, Rubberbands for Hair
 - 1 Alarm Clock - Portable

NOTE: ALL SEA BAG ITEMS MUST BE STENCILED WITH CADET'S NAME.

The following items are **EXPRESSLY PROHIBITED AND WILL BE CONFISCATED**

- Controlled Substances**
- Matches/Lighters**
- Liquid Shoe Polish**
- Jewelry (appropriate earrings are allowed for females)**
- Pornographic Materials**
- Tobacco Products**
- Electrical Appliances (cell phones, mp3 players, video games, etc...)**
- Weapons**
- Alcoholic Beverages**
- Glass Containers**

A Sea Bag inspection will be performed upon arriving at training.