

**UNITED STATES NAVAL SEA CADET CORPS  
CEREMONIAL HONOR GUARD TRAINING  
FT. LEWIS, WA  
15-23 AUGUST 2009**

**CADET SEA BAG LIST  
(for STAFF CADETS – see ADDENDUM at end of list)**

**NOTE TO PARENTS:** Your cadet is responsible for preparing and packing his/her Sea Bag. Please inspect their Sea Bag for the following items a week prior to training and then lock it up. The travel uniform will be Summer Dress Whites if arriving by Private Vehicle or civilian attire if traveling via public transportation. There will be opportunity for your cadet to change into whites before reporting if using public transportation. NSCC ID Card and Personnel Record must be in possession of the cadet. Make sure all shoes, boots, PT shoes are in good condition and well broken in as this training requires considerable marching, color guard and rifle drill practice. **Cadets arriving without required items will be sent home at parent's expense.**

<p><b><u>UNIFORM ITEMS</u></b>  3+ Utility Shirts and trousers with required flashes, NSCC and name tapes and rank  1 NSCC Ball Cap  1 black utility belt with silver buckle – preferably with no scratches,  1 Utility Jacket with required flashes and name tapes  1 pair of plain, smooth toed black oxfords broken in and good fitting (no corfams)  1+ BDU Blouse and trousers with NSCC flashes, NSCC and name tapes, including proper collar rank only  1 BDU 8 point cover with NSCC flash on cover  1 black utility belt with black buckle  1 pair BDU black boots broken in  1 Dress White Uniform (Jumper and Trousers) <u>no skirts</u> with appropriate NSCC flashes and rank  1 black neckerchief  1 white Dixie Cup – male  1 Combination Cover with appropriate NSCC cap device – female  1 black or navy blue raincoat – Navy issue preferred  1 Sea Bag  2 Combination padlocks with keys  <b><u>PT GEAR</u></b>  2 pairs Black or Blue PT Shorts –plain (white stripe on side seam okay) PT Shorts to be at least as long as mid thigh and no longer than top of knee)  2 pair athletic/running shoes  1 pair of sweats – navy blue preferred (black OK)</p>	<p><b><u>UNDERGARMENTS:</u></b>  6 pairs white socks  6 pairs black socks  2 pair black boot socks  6 plain white cotton briefs (no boxer shorts)  6 white crew-necked T-Shirts (no frayed collars)  3 BDU brown T-Shirts  2 Athletic bras (female)  <b><u>PERSONAL HYGIENE ITEMS</u></b>  2 white washcloths  2 white bath towels  1 bar soap with holder  1 pair shower shoes  1 mesh laundry bag  1 laundry soap  1 Tube of SPF 30 Sunscreen  1 shoe shine kit  1 sewing kit  1 bathrobe or shower wrap(optional)  1 lip balm or chapstick  1 chain to wear (key around neck)  1 each shampoo, toothbrush, toothpaste, shaving gear, deodorant, comb, brush, feminine products  Females: pins, rubber bands to secure long hair  <b><u>OTHER:</u></b>  <b>1 CAMELBACK (BLACK OR OTHER DARK COLOR) – <u>REQUIRED</u></b>  1 black ball point pen and pencil  1 small flashlight  Religious material – optional  1 small folding fingernail clipper/not scissors)</p> <p><b>ALL ITEMS ARE TO BE LABELED WITH CADETS NAME</b></p>
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### **CONTRABAND**

**The following items are EXPRESSLY PROHIBITED (Do Not Bring)!!!!**

Cosmetics	Weapons	Controlled substances
Matches/lighter	Knives/pocket knife/utility tool	Tobacco Products
Electrical Appliances	Pornographic materials	Alcoholic Beverages
<b>ENERGY DRINKS</b>	Liquid Shoe Polish	
Glass Containers	Perfumes	
Books/magazine except religious	Jewelry except 1 optional religious metal	

**NOTE: A Sea Bag Inspection will be performed upon arriving at Consolidated Training Northwest for Ceremonial Honor Guard Training..**

**Cadets with prescribed medications must check with COTC/OIC prior to requesting orders.**

**Cell phones will be picked up upon arrival and returned upon departure.**

**ADDENDUM FOR STAFF CADETS:**

**1 set of tropical summer whites with appropriate flashes and ratings for graduation required!!**